



FOOTHILL DERMATOLOGY  
MEDICAL CENTER

## **Post Liposuction Instructions**

It is normal for the incision sites to drain for 1-4 days

Clean incision sites with hydrogen peroxide and keep antibacterial ointment in the sites until they have completely healed

Wear the compression garment 24 hours per day for the first two weeks. Then wear the garment for 12 hours per day for an additional two weeks. The garment may be removed during bathing.

Finish taking the 10-day course of antibiotics

No aspirin or ibuprofen containing products/medications for 48 hours after the procedure

No alcohol for 24 hours after the procedure

Do not operate vehicles or heavy equipment for at least 72 hours after the procedure.