



FOOTHILL DERMATOLOGY
MEDICAL CENTER

Post-Op Instructions Eyelid Surgery

Apply ice-cold compresses, as much as possible the first 48 hours.

(Frozen peas in baggies work well)

After 48 hours, stop cold compresses: begin applying hot wet compresses for 5 minutes-4 times a day. Fill washbasin with hot water (shower temp). Apply dripping wet washcloth to closed eyes 4-5 times daily or during shower.

Apply polysporin ointment or vaseline 4 times a day. (Keep eyelids moist)

Rest as much as possible the first 72 hours and avoid bending over. Rest with head elevated.

Continue taking oral antibiotics as directed and the pain medication as needed for pain.

Your sutures will be removed in 7-10 days

If needed, eye drops may be prescribed. If so, take as directed on vial

If you should have any questions please feel free to contact the office immediately