



FOOTHILL DERMATOLOGY
MEDICAL CENTER

Sensitive Skin Care Instructions

- Wash body with dove unscented soap
- Apply Eucerin or Cetaphil cream to body throughout the day (2-3 times daily)
- Apply Vaseline at night immediately after showering to all dry areas
- Use Tide free or cheer free detergent for clothing
- No fabric softener
- Double rinse clothing
- 100% cotton clothing is best for sensitive skin